

Stamp-it for Fun Shirts

Supplies:

Solid cotton shirt (can be a color)

Waxed paper or cardboard that is flat

Fabric paints in your favorite colors (make sure the coordinate with the color of the T-shirt)

Paper plates

Plastic spoons

Kitchen utensils (some ideas: different types of potato mashers, different sized cups, and bottle sponge)

Tip: Use only metal or throwaway utensils because the paint may ruin wood or plastic utensils.

1. Wash and dry your shirt before you begin stamping. (DO NOT use any fabric softeners or the paint may peel off.)
2. Cut pieces of waxed paper to fit inside the shirt body and sleeves. Slide the waxed paper pieces between the two layers of fabric. This will keep the fabric layers separated so the paint doesn't soak through to the back side.
3. Squeeze paint on the paper plates, putting one color on each plate. Smooth the paint out using a plastic spoon. Dab a kitchen utensil in the until the bottom is covered completely. Before you paint your shirt experiment on a piece of paper. Set the painted utensil on the paper and gently pull up. Try each utensil to decide which ones make your favorite shapes. Then you're ready to start your shirt.
4. You can make your own patterns. You may want to start with one utensil in one color, then using another color and utensil. You may want to overlap some stamp (utensil) to create new colors. Remember to spread the "stamp" out around the shirt.
5. Let the shirt lie flat while drying. And...don't forget the back of the shirt.
6. After the shirt is dry, remove the waxed paper and enjoy wearing our "Stamp-it" t-shirt.

Did you know?

"T-shirts" got their name because they look like the letter "T".