

ATTENTION FOOD DEMONSTRATORS...

MUST HAVE:

1. Gloves on anytime you are working with food!
2. Hair must be in a hair net or clean ball cap.
3. Clean Apron on.
4. Light colored clothing.

TIPS AND REMINDERS

1. Wash hands
2. Remember food safety and know the basic nutrients in your ingredients.
3. Have two-trays - one for clean dishes and one for dirty dishes.
4. Use clear bowls and containers
5. Have a wet cloth for cleaning up any spills
6. Work on wax paper
7. Have a brown bag for trash
8. Crack eggs with a knife in a separate bowl.
9. Use a cutting board for chopping and slicing.
10. BRING EXTENSION CORDS for any electric appliances being used.
11. Use the correct equipment for the job
 - liquid measuring cups for liquids
 - dry measuring cups for dry ingredients
 - use flat side of knife to level flour
12. Use the "How to do a Food Demonstration" book as a resource

and

MOST IMPORTANT...

SMILE AND HAVE FUN!

